



APOLLO ACADEMY

FOR HEALTH AND HUMANISM (AAHH)

String Quartet Masterpieces of Mendelssohn, Schumann and Brahms (1809–1897)

Dates: September 6 –9, 2018
Location: Ratna Ling Retreat Center (Sonoma, California)
Online: apolloacademy.org/retreats.html (schedule and further details)

1. APPLICATION PROCESS

To apply, print out this application form, fill in, and mail with your deposit to:

AAHH c/o William Y. Moores, M.D.
601 Van Ness Ave. Unit #27
San Francisco, CA 94102-3262

2. APPLICATION FORM

Page 1 — Program information, deadlines, fees

Page 2 — All Participants (Players and Non-players)

Page 3 — Playing Participants (Ensembles and Individual Players)

The chamber music performance workshop program is designed for advanced players who can participate as part of a preformed string quartet. Each member of the string quartet will need to fill out and submit an individual application form describing their instrument, their musical experience, and the work to be prepared for the workshop. The string quartet members should select a string quartet composed by either Mendelssohn, Schumann or Brahms. *Individual players who are not applying as part of a preformed quartet should also fill out page 3 of the application.*

3. DEADLINES FOR PLAYING PARTICIPANTS

| | |
|--|----------------------|
| Application and deposit deadline: | July 15, 2018 |
| Final Acceptance Notification: | August 1, 2018 |
| Payment in Full Due | August 1, 2018 |

4. FEES & PAYMENT SCHEDULE:

Workshop/Festival/Retreat all-inclusive fees:

| | |
|---|------------------------------------|
| Ratna Ling double occupancy: | \$1250 |
| Ratna Ling single occupancy: | \$1450 |
| Timber Cove double occupancy: | \$1350 |
| Timber Cove single occupancy: | \$1550 |
| Deposit to be submitted with application: | \$300 (refundable if not accepted) |

5. PERSONAL INFORMATION:

FIRST NAME: _____ LAST NAME: _____
ADDRESS: _____
CITY: _____ STATE: _____
ZIP CODE: _____ COUNTRY: _____
HOME PHONE: _____ WORK PHONE: _____ EXT. _____
MOBILE PHONE: _____ EMAIL: _____

N.B. If you are a non-playing participant who is accompanying a playing applicant:

Name of playing participant you will be accompanying: _____
Please submit your own application and deposit.

6. WORKSHOPS FOR NON-PLAYING PARTICIPANTS:

Please rank your preferences for both the morning and afternoon workshop sessions (for each session, number your first choice 1, then 2, 3, 4):

Session I — Friday, 9 AM to 11 AM

- _____ Yoga practice
- _____ Meditation practice
- _____ Nutrition workshop
- _____ Natural environment

Session II — Friday, 2 PM to 4 PM

- _____ Yoga practice
- _____ Meditation practice
- _____ Poetry writing workshop
- _____ Natural environment

7. HOUSING ARRANGEMENTS:

All activities listed in the proposed schedule of events will take place at the Ratna Ling Retreat Center. Because Ratna Ling cottage accommodations are limited, additional housing will be provided, if needed, at the Timber Cove Inn, a first-class inn located right on the beautiful Sonoma Coast. Ratna Ling accommodations consist of two individual bedrooms per cottage with a shared bathroom and living room. Timber Cove accommodations consist of single rooms with private bathrooms.

Please state your housing preference:

Ratna Ling Cottage accommodation: Double _____ Single _____
Timber Cove Inn accommodation: Double _____ Single _____

8. MUSICAL BACKGROUND FOR PLAYING PARTICIPANTS:

The chamber music performance workshop program is designed for preformed groups.

Each member must submit an application with information about your experience and the members of your group. *If you are an individual player and not a member of a preformed string quartet, please fill out the information regarding your instrument and musical background:*

Instrument: _____

MUSICAL BACKGROUND (both Ensembles and Individual Players):

Level: Professional _____ Advanced _____ Intermediate _____

Playing experience (check all that apply):

_____ Workshops _____ Orchestras
_____ Regular chamber groups _____ Lessons

Most advanced chamber works that I have played or studied recently:

ENSEMBLE (list all members of the group and their instruments):

- 1) _____ Instrument: _____
- 2) _____ Instrument: _____
- 3) _____ Instrument: _____
- 4) _____ Instrument: _____

Composition your group will prepare for coaching and performance:

Has your group engaged in public performance? _____ YES _____ NO

If so, please list the work(s) performed and the date of the performance(s):

