

ENJOY A UNIQUE OPPORTUNITY FOR LEARNING, LISTENING AND HEALTH  
IN THE BEAUTIFUL NATURAL SETTING OF THE RATNA LING RETREAT CENTER



**Spaces for this intimate and unique workshop, festival and retreat are limited, so early booking is highly recommended.**

Clockwise from upper left:  
one of Ratna Ling's residential cottages,  
coached string quartet workshop session,  
the outdoor dining area at dusk,  
yoga class in the Meditation Hall.

For more information and an application form contact:

**Apollo Academy for Health and Humanism**  
apolloacademy.org

**Ratna Ling Retreat Center**  
ratnaling.org

