

“A SCHUBERTIADÉ”

CHAMBER MUSIC AND SONGS OF FRANZ SCHUBERT (1797–1828)



Ratna Ling Retreat Center

SONOMA COUNTY, CALIFORNIA

September 10–13, 2020



Join the internationally celebrated Alexander String Quartet, pianist Jeffrey LaDeur, and mezzo soprano Kindra Scharich

as they explore the chamber music and songs of Franz Schubert in a three-day “Schubertiade.” Previous workshop/festival/retreats explored the string quartets of Haydn, Mozart, Beethoven, Mendelssohn, Schumann and Brahms with great success, thoroughly enjoyed by both playing and non-playing participants. This year’s event, featuring Schubert’s chamber music and songs, will again provide a unique insight as only these fine musicians can convey.

This workshop/festival/retreat will provide a format for enthusiastic amateur and professional instrumental and vocal musicians to obtain coaching on and perform Schubert’s song and chamber music masterpieces, while

offering player and non-player alike the opportunity to better understand the historical significance of Schubert, his music, and his time.

A concurrent theme of the extended weekend is the correlation of mind and body. Workshops and classes on achieving optimum health and wellness will complement the cultural activities. Ratna Ling Retreat Center, renowned for its natural beauty and life-enhancing programs, will provide participants with opportunities for mind, spirit and body development: a rich program of yoga, meditation, healthy food preparation and preventive medicine will be designed to increase body awareness.

**For more information and an application
visit us at: apolloacademy.org**

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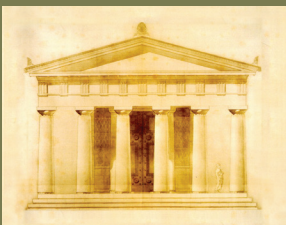
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FOR LEARNING, LISTENING
AND HEALTH IN THE BEAUTIFUL
NATURAL SETTING OF THE
RATNA LING RETREAT CENTER

Spaces for this intimate and unique workshop, festival and retreat are limited, so early booking is highly recommended.

For more information and an application form contact:

Apollo Academy for Health and Humanism
apolloacademy.org

Ratna Ling Retreat Center
ratnaling.org



Clockwise from top right:
Coached string quartet workshop session; the outdoor dining area at dusk,
yoga class in the Meditation Hall; one of Ratna Ling's residential cottages.



APOLLO ACADEMY

FOR HEALTH AND HUMANISM (AAHH)

The Apollo Academy for Health and Humanism is a 501(c)(3) non-profit organization dedicated to attaining wellness and life fulfillment through pursuit of a healthy lifestyle that incorporates participation in the humanities. For 2020, we are sponsoring a very special workshop, festival and retreat in the spirit of a nineteenth-century *Schubertiade*.

This three-day *Schubertiade* provides an opportunity for a unique personal experience with the internationally acclaimed **Alexander String Quartet**, pianist **Jeffrey LaDeur**, and mezzo soprano **Kindra Scharich**.

These musicians will be joined by a faculty of healthcare professionals and practitioners in the humanities in order to provide a memorable life-enhancing experience. The event will take place at the Ratna Ling Retreat Center, where participants can take full advantage of Ratna Ling's superb offerings to nourish body, mind and spirit.

Enrollment is limited to forty participants, so interested individuals are encouraged to inquire early.

For details and an application, visit: apolloacademy.org

For more about the Ratna Ling Retreat Center, visit: ratnaling.org



APOLLO ACADEMY
FOR HEALTH AND HUMANISM



“A SCHUBERTIADÉ” CHAMBER MUSIC AND SONGS OF FRANZ SCHUBERT (1797–1828)

A Chamber Music Workshop • Festival • Retreat

WITH THE **Alexander String Quartet**

PIANIST **Jeffrey LaDeur**

AND MEZZO SOPRANO **Kindra Scharich**

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